



B.K. BIRLA CENTRE FOR EDUCATION

**SARALA BIRLA GROUP OF SCHOOLS
A CBSE DAY-CUM-BOYS' RESIDENTIAL SCHOOL**



Periodic Test I – 2025-26

SUBJECT: EVS

**Class : II
Date : 03/07/2025**

**Duration : 1 Hour
Max. Marks : 25**

Adm. No.:

Roll No.

I Choose the correct answer

3x1=3 marks

1. The part in our body that has a particular function is called an _____.
a. Organ b. Skeleton
2. The place where two bones meet is called a _____.
a. Muscle b. Joint
3. Our _____ digest food and give us energy.
a. Heart b. Stomach

II Fill in the blanks

2x1=2 marks

4. The air we breathe in goes into the _____. (brain / lungs)
5. Bones protect the _____ (internal / external) organs of the body.

III Answer in one word

5x1=5 marks

6. Vitamin that helps to keep the eyes healthy. _____
7. Vitamin that helps to keep the nervous system healthy. _____
8. Vitamin that helps to fight against diseases. _____
9. Vitamin that helps to keep the bone strong. _____
10. Vitamin that is good for the skin. _____

IV Answer the following questions in breif.

3x2=6 marks

11.What does the heart do for us?

Ans

12.What are fat soluble vitamins?

Ans

13.What are water soluble vitamins?

Ans

V Answer the following questions in detail.

3x3=9 marks

14.Mention the five sense organs in our body.

Ans

15.How should we keep our body clean?

Ans

16.How should we keep our body healthy?

Ans

*****Best of Luck*****